

WUSD #9 WELLNESS & MENU COMMITTEE MEETING

The National School Lunch Program (NSLP) requires schools to have a Wellness Committee to help promote healthy lifestyles for students and staff. The committee works together to support nutrition education, physical activity, and overall wellness on campus. Members provide input on wellness goals, activities, and policies that make our schools healthier places to learn and work. The committee meets 4 times a year. SY 2025 2026: 9/16/25, 1/20/26, 3/24/26, 5/5/26.

LOCATION: RM 11 Wrangler Event Center
DATE/TIME: 9/16/25, 4-4:30 PM
FACILITATOR: James Scott, Denise Bergman, Lisa Smith

COMMITTEE MEMBERS: James Scott, Denise Bergman, Lisa Smith, Sean Kush, Carissa Hershkowitz, Lowanna Perry,

AGENDA	MINUTES
<p>Agenda Items</p> <ul style="list-style-type: none">- Introductions- Overview of Wellness Committee- Review Year 1 Wellness Policy- Each school needs to set goals for Year 1- Menu Items- Invite students, parents and community members to the next meeting <p>Open Discussion</p> <p>Next Meeting 1/20/26, 4 PM</p>	<p>Present:</p> <p>Absent:</p>